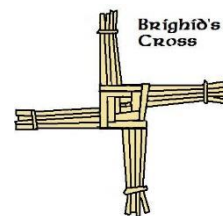




# St Raphael's Catholic School

Term 4, Week 9/A Newsletter  
9 December 2019



Dear Parents,

On Friday the junior Student Leaders (Year 6 2020) were informed of their roles. I am proud to announce the following:

Vice captains: Beth Kollas and Deakin Horton  
Junior Prefects: Laura Chang, Pyper Muddle,  
Cohan Howden, Hugh Williams

Congratulations to these students and their families. They will be formally inducted at the opening Mass of 2020.

In the lead up to the two most major events of the church calendar (Easter and Christmas) our parish conducts Healing Masses for all those who suffer in any way. Next Tuesday 17<sup>th</sup> December our Year 8 students will be involved in the hospitality side of this Christmas Healing Mass.

The biennial Australian Catholic Youth Festival is currently underway in Perth where they are hosting over 5,000 pilgrims. A contingent of fifty-three young people from the schools of the Bathurst Diocese are participating. Among those pilgrims are five of our Stage 5 and 6 students with Mrs Bischof from St Raphael's. We wish them well in their geographical and faith journeys.

A full list of staff allocations to classes will be circulated in the next Newsletter, along with introductions of new staff members.

Secondary students have their Special Awards Assembly tomorrow (Tuesday) where the notable performances in achievement and industry in each subject area are recognised.

*All My Own Work* is a compulsory short course for all Year 10 students entering Stage 6. The course is about referencing and acknowledging intellectual property and was conducted last week.

Students with Silver and Gold Awards are having special treat days by way of reward for their consistently good quality decisions throughout the year. Recognition of achievements in the classrooms and other arenas has been made at the two special awards assemblies and Awards Day. Soon, too, the Semester Two Reports will be circulated, detailing specific achievements for each child. Recognition and celebration of achievements is a major motivator for us all and I am sure your families will

find appropriate ways to celebrate hard earned achievements too.

*Michael*

Michael Gallagher  
Principal



Beth Kollas



Deakin Horton



Laura Chang



Pyper Muddle



Cohan Howden



Hugh Williams

## Second Week of Advent

Dear Jesus,  
you entered our world  
on Christmas as the  
Prince of Peace.  
This Advent, as we strive  
to become the best  
version of ourselves,  
fill us with a deep and  
abiding peace. Help us  
share that peace with everyone we encounter, especially  
those who need it most. Amen.



# What's On This Week!!

## Monday 9

Happy birthday to Alice Jennings  
Year 9 Peer Support

## Tuesday 10

Happy birthday to Holly Wilson  
Secondary Special Awards Assembly

## Wednesday 11

Happy birthday to Archie Frazer, Josephine Gundersen  
& Parneet Kaur  
Elective Dance Acro Workshop  
Silver Level Rewards Day (Primary)

## Thursday 12

## Friday 13

Stage 3 Lawn Bowls  
Gold Level Rewards Day (Primary)

Happy birthday to Charlie Graham, Michael O'Leary,  
Jimmy Smith, Rosemary Bennett, Koby Dluzniak,  
Jackson McLeish & Sophie Richmond  
who celebrate their birthday's this weekend.

## Faith & Life

### Altar Servers' Roster

Sat 14 - William Pearce & Georgie Pearce

Sun 15 - Volunteers Please

Elliott Bennett (Gooloogong)

### First Reconciliation

Congratulations to our beautiful First Reconciliation candidates who experienced the peaceful act of forgiveness at St Raphael's Church on the evening of Thursday 30 November. We were once again able to acknowledge this Sacrament of Penance on the following Saturday as we celebrated mass together with our St Raphael's community.



## Wellbeing

### November

The school leadership team and the social justice portfolio leaders would like to extend a huge congratulations to the St Raphael's school community for their fundraising efforts and support of the Movember campaign.

Thank you everyone for your support for our schools Movember, it has been a massive success! Our donation goal was \$500 and we smashed that with a total of \$1870 donated. We would like to say thank you to all of the male teachers who supported the cause by growing a moustache, to the younger students who tried to grow and those that made the 60km movement pledge. A huge thankyou again especially for those that gave some dollars to this great cause.

\$1870 will now be put towards men's health and in particular men suffering from prostate cancer, testicular cancer and mental health.

Matthew Prescott and Abbie Lewis

Social Justice Portfolio



### Canteen Update

This week's roster is as follows:

Tues 10	Wed 11	Thurs 12	Fri 13	Mon 16
Kristy White Charlene Williams	CLOSED	Kathryn Keefe Carrie Simunic	Lyn Terry Kylie Kollas Jessica Newcombe	Carol Lynch Briony Woodhouse

Donna Stokes – Canteen Manager



# Administration

## Recording Devices

In the light of laws around privacy any recording device has no place in the school setting without direct permission and supervision by a teacher. That sounds easy and sensible enough – so let's think about recording devices ... phones, some fit bits, smart watches etc. I can imagine some of these devices possibly appearing in Christmas gifts and that's fine for the 18 hours a day that children are not at school. Those recording devices are not permitted in the school. They may be delivered to the front office for safe keeping throughout the day but they should not be in the possession of students at school.

## Secondary Bell Times for 2020

Please note a change to Secondary School Bell Times for 2020, a copy of which is attached to this newsletter.

## Head Lice

Unfortunately, head lice don't break for holidays and from time to time we have an outbreak at the school. Please be vigilant in checking your child's hair for eggs and lice and treating where necessary. Your assistance in the matter will ensure the outbreak is short-lived.

# Community Connections



har  
MONIE

Group  
Facilitation



## ONLINE 'LEARN TO PLAY UKULELE' PROGRAM

### VIRTUAL TUITION

I am an experienced & qualified Community Musician, our family live in a rural town in NSW & we know the importance of accessing fun & practical 'Music Services' for students 5-18yr olds.

- Learn to play Ukulele
- If necessary, you can receive your very own ukulele, bag & tuner
- Play along to your favourite songs
- Perform for friends & family



\$100 Creative Kids Vouchers for Primary & High School aged Students, available through [www.service.nsw.gov.au](http://www.service.nsw.gov.au)



- Voucher includes;
- Up to 6 x 30 minute live virtual lessons
  - Ukulele, bag & tuner. \*optional

For info & bookings call 0427 471 696 or book online at [www.harmoniogroupprofacilitation.com](http://www.harmoniogroupprofacilitation.com)  
With experienced & trained Group Facilitator Simone Gough.

## 2020 Summer Art Workshops For Children

### General Information

Bookings can be made by telephone on 6340 2190, however, only a completed registration form and payment will secure a workshop place. Only one registration form per child. Forms can be photocopied or a new form can be obtained by contacting the Gallery.

**Remember workshop numbers are limited (See registration information). Places fill quickly. To avoid disappointment REGISTER EARLY.**

Mail your registration form and payment (cheque or money order by mail - no cash) to: Cowra Regional Art Gallery 77 Darling Street Cowra NSW 2794 or hand deliver your form with your payment.

Cowra Regional Art Gallery  
77 Darling Street COWRA NSW 2794  
Open: Tues - Sat 10am - 4pm Sun 2pm - 4pm  
Tel: 6340 2190 Fax 63402101  
E: [cwraartgallery@cwra.nsw.com.au](mailto:cwraartgallery@cwra.nsw.com.au)

The Cowra Regional Art Gallery is a Cultural Facility of the Cowra Shire Council. The Gallery is supported by the NSW Government through Create NSW.

### WORKSHOP ACTIVITIES

The 2020 Summer Art Workshops are designed by tutors with professional art and/or teaching experience. The workshop program includes a range of art activities in a fun environment as well as allowing for the development of individual skills.

### Thursday 23rd January 2020

#### Woven Art Workshop with Libby Murray

7-9 years Workshop participants will create a small wall hanging using natural and man-made materials.

10-12 years participants will create a circular placemat/mat or wall hanging using natural and man made materials.

Session 1  
10am to 12.30pm - 7 to 9 year olds

Cost \$20 - limit 10 participants (includes all materials).

Session 2  
1 pm to 3.30pm - 10 to 12 year olds.

Cost \$20 - limit 10 participants (includes all materials).

### Friday 24th January 2020

#### Cardboard and Paper Sculptures with Libby Murray

7-9 years Workshop participants will learn a variety of paper sculpture techniques to create a hanging paper garland and/or sculpture.

10-12 years participants will use a variety of techniques to create a 3D cardboard name or portrait sculpture.



Session 1  
10am to 12.30pm - 7 to 9 year olds

Cost \$20 - limit 10 participants (includes all materials).

Session 2  
1pm to 3.30pm - 10 to 12 year olds

Cost \$20 - limit 10 participants (includes all materials).

### School Contact:

11-15 Liverpool St Cowra 2794

P.O. Box 7, Cowra 2794

Tel: 6342.2940

Email: [straphaels@bth.catholic.edu.au](mailto:straphaels@bth.catholic.edu.au)

Website: [www.straphaelscowra.catholic.edu.au](http://www.straphaelscowra.catholic.edu.au)



Join us at the

## COFFEE CORNER

Cowra Summer Breakout  
13<sup>th</sup>-17<sup>th</sup> January 2020  
@ Cowra Showground



### Coffee Corner //

Every day: 9:30am-12pm

Cowra Summer Breakout's own café with free coffee. An excellent and child friendly place to gather for conversation and caffeine.

### Music Time //

Every day: 10am

A time for babies, toddlers and pre-schoolers to dance, sing and play together with their parents and friends

### Bible Study //

Every day: 10:30am

Casual group discussion, all welcome!

### Ladies Craft Night //

Thursday 16<sup>th</sup> January: 7pm-9pm @ Cowra Baptist Church

Bring an old T-shirt (or two!) to be upcycled into something new! You may also like to donate the craft to charity!

### Family Fun Show //

Saturday 18<sup>th</sup> January: 4pm @ Cowra Showground

A family friendly event for the community with a BBQ!



[Cowra Showground, 32 Grenfell Rd, Cowra NSW 2794]



## KIDS & TEENS



JOIN US AT 9AM-12PM ON THE 13<sup>TH</sup>-17<sup>TH</sup> JANUARY 2020!  
@ COWRA SHOWGROUND

### Concert Time // Kindergarten - Year 5

In an ancient kingdom far far away, two blind master swordsmen set out on a journey to find an emperor who has gone missing. Why is the emperor missing? How will our blind master swordsmen know who the emperor is? Come join Concert Time on this epic quest with lots of singing and dancing along the way to find out!

### Jumping Beans // Kindergarten - Year 2

Are you ready to have some fantastic fun? We're going to be making some amazing crafts, playing fun games and watching some wonderful skits where we'll learn about who Jesus is! So what are you waiting for? We can't wait to see you here in Jumping Beans!

### Club 35 // Year 3 - 5

Come join Club35 for 5 days of excitement filled with games, fun stories and some creative crafts. We will be seeing who the real Jesus is and what it means to follow the real Jesus. We are so excited to see you, so come join us!

### KLUNK & ZED // Year 6 - 8 & Year 9 - 12

Join us for a week of fun games, singing, craft, skits but most importantly learning about who Jesus is! We've got plenty of fun night events organised as well so get excited for that too! Bring your friends along and we can't wait to see you all there!

## COWRA SUMMER BREAKOUT 2020

### NIGHT ACTIVITIES Monday 13<sup>th</sup> January

KLUNK & ZED // Wide Games: 6:30pm-8:30pm @ Showground

### Tuesday 14<sup>th</sup> January

ZED // Silent Library: 7pm-9pm @ Presbyterian Church

### Thursday 16<sup>th</sup> January

KLUNK // Pool Night: 6:30pm-8:30pm @ Cowra Aquatic Centre  
ZED // Myth Busters: 6:30pm-8:30pm @ Presbyterian Church

[Cowra Showground, 32 Grenfell Rd, Cowra NSW 2794]



**WEP STUDENT EXCHANGE**

**TXT 'EXCHANGE' TO 0428 246 633 FOR A FREE INFO PACK!**

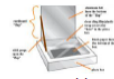
**AT A GLANCE:**

- Choose from over 25 countries
- Attend school overseas
- Live with a local host family
- Learn about yourself and the world around you
- Make international friendships
- Learn a language
- Make memories to last a lifetime!

**"THIS HAS BEEN THE MOST AMAZING ADVENTURE, THERE ARE NO WORDS!" CAITLIN, CANADA**

WEP.ORG.AU INFO@WEP.ORG.AU 1300 884 733

### Cowra Early Childhood Services OOSH (Out of School Hours Care)



Vacation Care Program for December-January 2019-20

Bookings for the upcoming school holidays open on **Monday 25<sup>th</sup> November 2019**.

Limited positions are available for each day.

Call Admin on 63422338 to book your child's position.

Book in early to avoid disappointment.



A variety of arts & craft, dramatic and physical play experiences will be on offer to the children throughout each day with the following highlights-

#### Week 1

Thursday 19/12/19 While clay decorations, Hula hoop relay

Friday 20/12/19 Christmas craft, water bucket relay

#### Week 2

Monday 23/12/19 Christmas silhouette painting, Styrofoam baubles

Tuesday 24/12/19 Christmas party lunch

CHRISTMAS BREAK SERVICE CLOSED 25/12/19 TO 1/1/19 INCLUSIVE

#### Week 3

Thursday 2/1/20 Begin the process of making an OOSH movie

Friday 3/1/20 DIY bubbles & wands

Outdoor water play

#### Week 4

Monday 6/1/20 DIY and traditional board games

Tuesday 7/1/20 Mulyan school playground excursion, 2020 birthday chart

Wednesday 8/1/20 Build a cubby - giant waffle blocks

Painting technique experimenting

STEAM - water colour painting - Ice magic - marble races

Sport day in the park - shot put, long jump, egg & spoon, three legged races & more

#### Week 5

Monday 13/1/20 Dream catchers, loom bands, balloon tennis

Tuesday 14/1/20 Neon racing cars & tracks, sand art, tug-of-war

Wednesday 15/1/20 Make pizza for lunch with our solar ovens

DIY bees wax wraps

Tie dye t-shirts, sock wrestling, heat activated beads

Salt art, balloon pop

#### Week 6

Monday 20/1/20 Beyblades competition, craft with natural loose parts

Tuesday 21/1/20 Excursion - Forbes biscuit factory, water park & sausage sizzle lunch

Wednesday 22/1/20 Ice experiments - fizzy ice, salt ice, hula hoop team challenges

OOSH Comedy show, Physical challenge circuit

Australia day party- backyard cricket

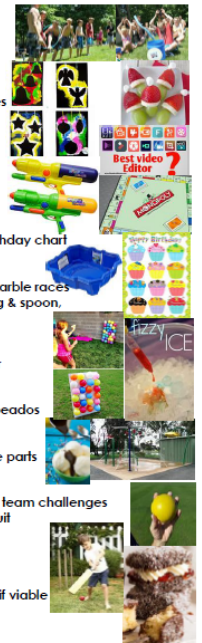
fairly bread & lamingtons

#### Week 7

Monday 27/1/20 Public Holiday Service Closed

Tuesday 28/1/20 Pupil free day Vacation care will be provided if viable

Technology and movie day





# It's time to **DUST OFF THE SWIMMERS**



**SWIM & SURVIVE**  
SUMMER HOLIDAY PROGRAM  
6 January – 16 January 2020\*



**ROYAL LIFE SAVING**  
AUSTRALIA



**NSW**  
GOVERNMENT

While the drought is making things tough, let's not forget that learning how to swim is a gift for life. So dust off the kids' swimmers, we'll get the pool ready and let's put a smile on a few faces.

To give your children the opportunity to enjoy the life-long benefits of swimming, as well as having some fun these holidays, Royal Life Saving Australia along with NSW Government is providing the Swim & Survive program at your local pool these summer holidays.

**SWIM & SURVIVE**  
SUMMER HOLIDAY PROGRAM  
6 January – 16 January 2020\*



Wonder\*: 6 months to 36 months | \$52 for 9 lessons

Courage\*: 36 months to 5 years | \$52 for 9 lessons

Active\*: 5 years to 12 years | \$74 for 9 lessons

Spaces are limited, so please book early.

Book online at [royalnsw.com.au/swim-and-survive](http://royalnsw.com.au/swim-and-survive)  
or call (02) 8814 8637

\*Program dates and age group availability may vary. Please check details with your local pool or visit [royalnsw.com.au/swim-and-survive](http://royalnsw.com.au/swim-and-survive).

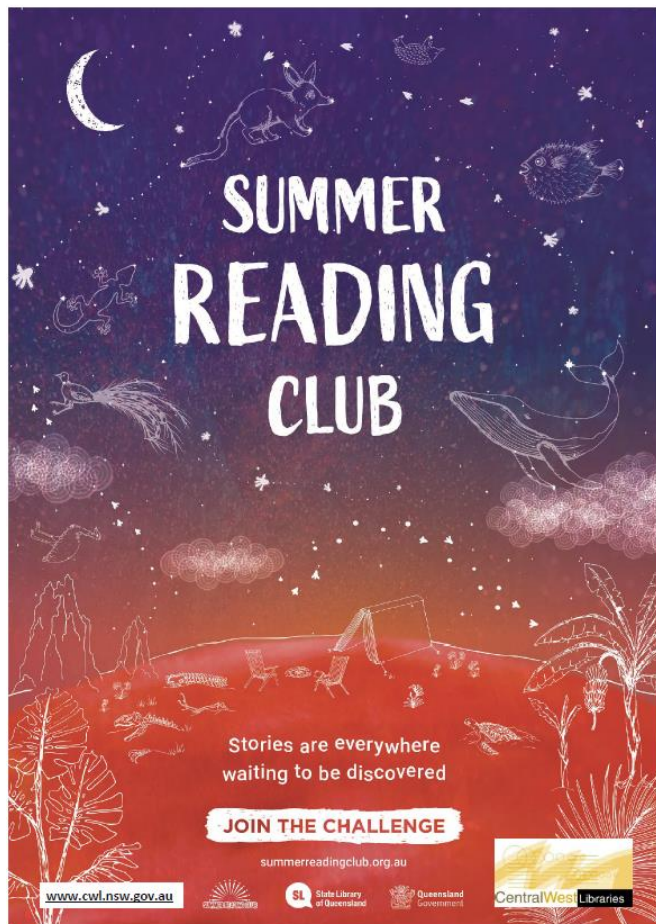


**ROYAL LIFE SAVING**  
AUSTRALIA



**NSW**  
GOVERNMENT





Cowra Blues AFL Club will be holding an end of year get together on Sunday 15 December at 11:00am at Riverpark BBQs.

If you played this year, or are keen to get involved next season, come down and register your interest.

All footy in 2020 is on Sundays, so you can still play Saturday sport.

Looking for players in all grades (Under 12s, Under 14s, male Under 17s, female Under 17s).

Sunday's function will include a bit of a kick and a game or two (possibly cricket!), and you can also register for next season. Some exciting news to be announced shortly regarding the junior teams, so get on board with the Blues!

Please advise if you make it: [admin@cowrablues.com.au](mailto:admin@cowrablues.com.au) or 0428 413 246 (message).



**Week 1**

**Thursday**  
19th December 2019

**Friday**  
20th December 2019

**2 DAY XMAS BASH**

Enrol your child in a Christmas fun packed 2 x day bash with Christmas Biscuit decorating, creative arts, DIY presents, gift wrapping and more.

**CHRISTMAS DIY -**

- Gifts and Wrapping
- Reindeer biscuit making
- Reindeer food
- Salt dough decorations
- Yarn ball ornaments
- Snow man making
- Bon Bon's
- Personalized greeting cards
- Paper Mache pirates

**CHRISTMAS CELEBRATIONS -**

- Pin the tail on the Reindeer
- Carrot derby
- Best recycled + decorated Santa Sleigh

**PCYC | POLICE CITIZENS YOUTH CLUBS NSW**

**OUT OF SCHOOL HOURS**

**COWRA PCYC OOSH**  
Ph: 0491 053 180

PCYC OOSH is closed from 23/12/19 to 6/01/2020

We wish all our families a safe and happy Christmas and look forward to seeing you again in 2020

**Merry Christmas**

**PCYC | POLICE CITIZENS YOUTH CLUBS NSW**



## 2020 Secondary Bell times

St Raphael's mission focuses on teaching and learning for all students. To facilitate the most productive learning times, the school structure (class times) have been restructured. Below are the new bell times for 2020.

<b>Monday, Tuesday, Thursday, Friday</b>		
<b>PERIOD</b>	<b>TIME</b>	<b>DURATION (minutes)</b>
Homeroom	8.45 – 8.55	10
Renaissance Reading/Stage 6 Study	8.55 – 9.15	20
Period 1	9.15 – 10.15	60
Period 2	10.15 – 11.15	60
<b><i>Recess</i></b>	<b><i>11.15 – 11.35</i></b>	<b><i>20</i></b>
Period 3	11.35 – 12.35	60
Period 4	12.35 – 1.35	60
<b><i>Lunch 1</i></b>	<b><i>1.35 – 1.55</i></b>	<b><i>20</i></b>
<b><i>Lunch 2</i></b>	<b><i>1.55 – 2.15</i></b>	<b><i>20</i></b>
Period 5	2.15 – 3.15	60

<b>Wednesday - (Learning Plus/Assembly)</b>		
<b>PERIOD</b>	<b>TIME</b>	<b>DURATION (minutes)</b>
Homeroom	8.45 – 8.55	10
Learning plus/Assembly	8.55 – 9.30	35
Period 1	9.30 – 10.27	57
Period 2	10.27 – 11.24	57
<b><i>Recess</i></b>	<b><i>11.24 – 11.44</i></b>	<b><i>20</i></b>
Period 3	11.44 – 12.41	57
Period 4	12.41 – 1.38	57
<b><i>Lunch 1</i></b>	<b><i>1.38 – 1.58</i></b>	<b><i>20</i></b>
<b><i>Lunch 2</i></b>	<b><i>1.58 – 2.18</i></b>	<b><i>20</i></b>
Period 5	2.18 – 3.15	57

